

# Tales of the Riverbank Reward Chart

Think about the behaviour you'd like to address with your child: this age group (5-8) can handle a list of up to five items, alongside a number of privileges which they gain or lose accordingly.

Find a quiet time to sit down with your child and explain the reward chart. Stress that this is not a punishment, but an opportunity for mum and dad to say 'well done'! Explain that when she achieves the goals you've set out for her, her boat will move up the chart – but she can also move down the chart. Let her choose her final reward from a range of approved options.

Your motivation is the key to her success: keep your tone light and positive when you praise her and have a 'halfway mark' which you celebrate with a small surprise treat so she feels she's really getting somewhere.

She's there! Make a big deal about her getting to the top of the chart, and, whether it's a day out or a new book, make sure she gets her reward promptly: she's earned it!

## Counter



## Finishing Piece



